



Nsikak David



Nsikak David
nsikak@nsikakdavid.com

Table of Contents

Introduction	03
Chapter I: The Empowered By Design Program	04
Chapter II: Spiritual Growth	05
Chapter III: Personal Development	06
Chapter IV: Living an Abundant Life	08
Chapter IV: Frequently Asked Questions	09
Conclusion	

INTRODUCTION

Hello, I'm your coach Nsikak David.

Nsikak David has proven that it doesn't matter what the circumstances are, the human spirit has unlimited potential to overcome adverse situations and become greater. If you can see yourself the way God sees you, you will live life focused on your abundance and not your lack.

I'm happily married to my wonderful wife, Ukeme and together, we have two awesome boys who bring so much joy to our lives. We also have several adopted children in our charity and empowerment programs who live out their best lives daily.



I truly believe that everyone is born Empowered to be Successful By Design, and I'm eager to help others find the purpose and fulfillment that comes with empowered principles.

Nsikak David

CHAPTER I

The Empowered By Design Program

What does it mean to be Empowered By Design?

Founded by Coach, Pastor, Author, entrepreneur, Husband and Father, Nsikak David. The Empowered By Design Program is a leading Spiritual and Personal Development program for individuals, groups and teams.

The Empowered By Design program was created to help people learn powerful biblical principles with intent to develop the Spirit, Soul and Body. the program offers an unique blend of in-person and online learning to foster attendees success.

We want to ensure attendees receive a practical experience requires to learn and master the principles of living an empowered life.

Since starting The Empowered By Design Program in 2023, we have welcomed over 100 attendees into our seminars, workshops with many viewing from our online social media channels. Most attendees have gone on to implement the principles successfully to change their lives, families, work and businesses.

The Empowered By Design is from the biblical principle that all human beings are created by God as Spirit beings, all spirit beings have a soul comprising if the conscience and personality and all spirits have bodies with which they connect with the physical world. When God created the world, God created the physical world out of a Spiritual realm that was empowered to succeed by design. the design of our world was perfect.

Then something changed:

We read from the bible in Genesis how the first man lost this perfection by disobeying the principle of God and taking on the characteristics of a dead spirit. Man lost perfection and chose spiritual death and its consequences which are the things that govern the world today.

However, God had a plan to bring man back to his place of perfection and glory once again.

It is this absolute truth we bring to light in our Empowered By Design Program. When you realise who you really are - A Spirit, having a Soul and Body, it changes everything in your life and the lives of others in your sphere of influence.

CHAPTER II

What Is Spiritual Growth?

Your Spirit Nature Explained

In Genesis 1:26 Then God said, "Let us make mankind in our image, in our likeness, so that they may rule over the fish in the sea and the birds in the sky, over the livestock and all the wild animals, and over all the creatures that move along the ground."

The bible says God made man in HIS image and likeness. God is a Spirit and created man as a Spirit.

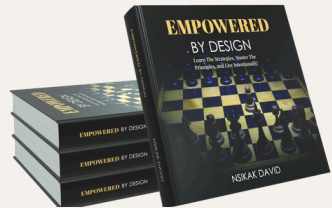
This statement defines where man originates from. Man is Spirit. That explains why mankind is different from the animals. Your ability to connect with God is what makes you who you really are

How to get started

1. Study of your Spiritual Origin and How to connect with God in your spirit.
2. Finding your place as a spirit created by God and developing your Spirit
3. Spiritual exercises for developing your spirit.
4. Living a Spirit conscious life and taking dominion over life from the spiritual rather than the physical.

We have a curriculum that is entirely different from anything else you will find in the spiritual and personal development space. We focus on combining practical and theoretical models with hands on practical experiences to give you the skills to learn and develop your spirit nature.

Get ready for a 100% life changing transformation experience during the empowered By Design Program.



CHAPTER III

Personal Development



Understanding Your Soul

This course provides the foundations of understanding your personality and how your conscience and soulful elements are important in determining how you connect with the spiritual and physical components of your existence on earth



Personality

Who am I?

Why do I behave the way I do?

How can I change my behavior?

How can I change the results of my Life?

These questions are going to be discussed in this section of the program and we will provide possible answer scenarios to



Personal Transformation

This is a transformational part of personal development where you will establish a sustainable system of developing your soul to receive what is in your spirit and bring it to reality by the action steps you take daily.

CHAPTER III CONTINUED

Personal Development Program

Practical Knowledge and Skill building in training your mind, will and emotions.

Improved Self-awareness and personal insights

Enhanced decision-making skills based on biblical principles

Stronger relationships with God and people

Reduced Stress and anxiety through faith-based coping strategies

Greater confidence and self-esteem rooted in Christian identity.

Key Features of the Personal Development Program include but are not limited to the following:

1. One-on-one coaching sessions with a certified Christian coach
2. Customized personal development plans
3. Biblical-based assessments and tools
4. Prayer and devotional guidance
5. Goal-setting workshops aligned with Christian values
6. Access to Christian personal development resources and materials
7. Accountability partnerships
8. Group coaching sessions for community building



CHAPTER IV

Living an Abundant Life

Tips for Embracing an Abundant Life

Having the practical experience of transitioning from a spiritual to a physical existence elevates your life to a higher level, embracing abundance over scarcity.

This approach to living abundantly centers on the belief that the spiritual realm is abundant, and we can draw from our inner resources to bring about changes in our physical reality.

Embracing an abundant life is the essence of this program, leading to a comprehensive transformation that manifests abundance in every aspect of your life – spiritually, mentally, and physically. Brace yourself for a complete inner and outer metamorphosis.

You have the option to participate in all courses online and offline at your convenience. Materials will be provided to facilitate your learning journey.

Living an abundant life is an overflow from your recreated spirit, your decision to deepen your relationship with God, improve on your self and balance spiritual life, family and career.



CONCLUSION

Frequently Asked Questions

Courses are delivered in a blended mode (Face-to-Face & Online) or Online Only. The duration of the course is flexible. The most important result is your transformation.

Empowered By Design Overview

This course is a short course to provide you with the foundations of transforming your life from the inside out.

it is ideal for anyone seeking to change their current life circumstances with practical principles from the word of God, those with a limited time to study and develop themselves from the inside out.

On completion of the course, you will be on your way to living an Empowered life as you diligently practice the things you learn from the Empowered By Design Program

www.nsikakdavid.com

